

SENSES

"BECAUSE FOOD AND DRINK INVOLVE ALL OF THE HUMAN SENSES, WE'LL REMEMBER A MEAL MUCH LONGER THAN WE WILL A MUSEUM OR STAINED GLASS WINDOWS."

World Food Travel Association

















FREE INDEPENDENT TRAVELERS TEND
TO BE ENVIRONMENTALLY AWARE,
WITH THE DESIRE TO EXPERIENCE NEW
WAYS OF LIFE AND USUALLY ARE
ENTHUSIASTIC, OFF-THE-BEATENTRACK EXPLORERS WITH A THIRST FOR
EXPERIENCING THE "REAL THING."
THEY ENJOY GOOD FOOD,
ARCHITECTURE, AND THE HERITAGE OF
LOCAL CULTURES.





















SIMPLY MEDITERRANEAN

The tasting box Simply Mediterranean is the first actual combination that we created thinking of all the Mediterranean-fans over the world. It is intended for all those who follow their nose whenever they smell a good pasta. For all who care about what pasta they buy. For all those who are tired of over-the-counter industrial sauces lacking any character. For all those who know the kitchen of the house seeing only a simple plate. For all those who are looking for the little and good things. And for all who prefer a small glass of really good wine over a whole bottle of a cheap one. We wanted to give you more than a dish and less than a course.











A KARST BUNDLE

The breakfast mirrors the culinary tradition of Karst, it features the curiosities of its flora, it makes us picture either Karst's borablown gray Karst forests or the green and flowering meadows filled with fragrant blossoms, herbs, and shrubs. When you are done preparing it you will feel why it is the way it is.Our Karst culinary bundle consists of 180 g of a mix of two kinds of practically packaged flour (wheat and buckwheat), while it also contains all the necessary ingredients for the preparation of two delicious and fragrant buckwheat buns (yeast and salt) - just enough for two hungry people. It also contains 30 ml of Karst honey and 30 ml of cornel jam, as well as 50 ml of cornel syrup and 6 g of oats for the tea.











THE STORY OF TERAN AND THE PANCETA

We have prepared a simple meal which is based on the culinary tradition of Karst. A tasty and fragrant sauce including home-made Panceta, buckwheat polenta, which has recently experienced a comeback in the homes all over Karst, and Teran, this peculiarity amongst red wines. This combination will make your home smell better than ever. We hope that it will spark your interest for exploring Karst. Our salty Karst culinary delight consists of 110 g of practically wrapped buckwheat groats - perfectly tailored for two hungry explorers of Karst's kitchen. It also features 100 g of home-made Kraška panceta, the very tasty cousin of Karst Prosciutto Ham, 200 ml of Teran, the special red Karst wine, and last but not least a dessert and 50 ml of exquisite Teranov liker, an aromatic wine to aid in digestion.











ON A BED OF ROSES

An extraordinary wine experience in Nova Gorica, the town of roses. We created a mix we were also surprised by: we selected a supreme rose wine from the Brda region, added the rose syrup and created something which is undoubtedly more than just the sum of these two elements, something delicately sweet and yet not sugary, barely perceptible and exquisitely elegant, something rich in fruity and flowery notes at the same time. The tasting-box is made for two: it contains two small bottles of sparkling rosé (2x200 ml) and another small bottle (5 ml) of concentrated rose syrup. The quantity will be just enough for two curious people, open to unusual experiences of the senses. A handful of scaled, roast almonds will cheer up the small talk and the swapping of ideas.













OUR NEXT STEP: BUILD A PLATFORM



Croatia

Brač island

Brač is an island in the Adriatic Sea within Croatia, with an area of 396 square kilometres making it the largest island in Dalmatia, and the third largest in the Adriatic.



CTA BUTTON







ON-LINE

GUIDE

Stara konoba

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DESTINATION MANAGER

Manager Name

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COLLECTION

Enjoy fresh salads

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WEB SHOP



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ONE OF A KIND HAND CARVED WOODEN SPOONS

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MAIN DISH WINE

CURATED MENU

Istrian fuzhi with Tartufata

Malvazija Dry White Wine



Truffles of Istria Pisani dokumenti o tartufima potječu iz doba Grka i Rimijana. Slast tartufa silkorisan accumento astruerna projecu iz cotta tima i rempana, siast tanua siaso-tato je opisao Pinije Stariji, on je zabijeko tako je neki sudac u Kartagi polomio vyto je opisao Pinije Stariji, on je zabijeko tako je neki sudac u Kartagi polomio vło je opisao Prinje Utanji, on je zabujeno naso je nem stoso u Norsky jeso.
Zuba dok se sladio velikim tehurom. Zbog vrhumske organolepitičke kvalitete zube ook se stoop verein terunom upog vrnansee us gerungsvere nvinnen upog vrnansee upog vrnansee upog vrnansee us gerungsvere nvinnen tartui su odunijak bili na jelovnicima najboljih restorana, ali zbog vizoke cilene tarius su oduzijek bii na jesovnoma napogiji nesionana, si zbog viscke cipine bili su dodu, pri samo bogatatima. Tajna prirode tarbita ostivenan je teku prirode. os su ocestigno samo bogazasma, sana princei tantua cientriana pe ten u tri stoljeću, prije se smatralo da su plodov jesenskih kiša (gmijanine. Tettuk nastu anageus, prije se srina no oa au prodori jesenseri kisa i grinjanne, tanun rasu pod zemljom, među korijeniem stabala gdje ih pronaliste terrisna svinje iž pol pocularrigam, nesou scriperperi sussuas grup in pronunce instrume songe in psi. Među poznavateljima osobito su cijenjeni cimi ili Perigardov i bijeli talijanski tehuli

water, meet any reprinting was passed on by may or the chaese princespower in farch of Chaeronae. Various poets derived inspiration from this, one of them area, various poets derived inspiration from this, one or frem, Juvenal, explained the truffle as originating from a boil of lightning struck by Jupiter near an oak (a tree held to be sacred to the aruck by supplier near an oak (a tree need to be sacred to tree father of the Gods). As Jupiter was also renowned for his

> food, especially with nobles and high prelates For certain scientists of the period, its aroma was a sort of quintessence" which produced an ecstatic effect on human

montese truffle was ranked among the most delicious foods by all the European courts. Not to be forgotten as one of the greatest connoisseurs of this _fruit of the earth" is the musician Gioac-



In the 18th century, the Piedchino Rossini, who defined it as the



vou will need: 40 g Tartufata (truffle sauce), 160 g Istrian noodles (fuži), A few drops of olive oil, 40 g butter, 100 ml single cream, Salt, pepper, Parmesan cheese

Dish simple to make and very rich in flavour.

Heat the butter in a frying pan first. Make sure you keep it on low heat and do not let the butter burn. Add cream, season with salt and pepper and cook for a little while.

Cook Istrian fuzi in a separate pan until al dente, drain them and then pour the sauce on top.

Add the Tartufata and a few drops of olive oil.

Serve with freshly grated parmesan cheese.



Malvasia wine is medium to strong with alcohol content of 13.5 vol.%. Moderate acid content. It's full, rounded and harmonic wine with 18 to 22g/l of extract.

Malvasia is a variety of large oportunities which, according to content of aromatic components, we can classify as semi-aromatic variety with a large flower-fruit aroma potential. It's specific and discreet aroma which reminds us of acacia flower fragrance especialy if the grapes are from the higher and sunny positions.

Fruit aromas that usually dominate are apple, plum and apricot. When the wine is mature there's a certain bitter almond taste too. Malvasia's got strawyellow colour with a golden hue and depending on technological method of processing and seed-processing the colour is moving from greenish-yellow through staw-yellow to golden-yellow tones.

Serve cold at 14 C. Put in fridge for at least 6 hours before consuming.



Apart from having a PhD in laser

physics, Goran Zgrablić is also

a genuine gourmet vagabond

an Italian Sommelier degree). He happily merges his scientific curriculum with his passion

for exploring flavors, aromas

and all the subtle feelings that

the palate experiences when

in contact with good food and

Goran is the author of the Istrian

food blog Manjada and one of

the founders of Taste of Croatia,

the one and only independent

gourmet guide to Croatia.

and passionate wine lover (with

Please visit our web site to learn more about Istria. and find inspirational spots to taste and feel this culture-rich part of Mediter-

You can meet out tastemakers in person, we can organize a guided tours



A white truffle (Tuber magnatum pico) weighing 1.31 kg (2 lb 8 oz) was found by Giancarlo Zigante on 2 November 1999 near Buje Measuring 19.5 cm long, 12.4 cm wide and 13.5 cm tall (worth app. \$5,080).



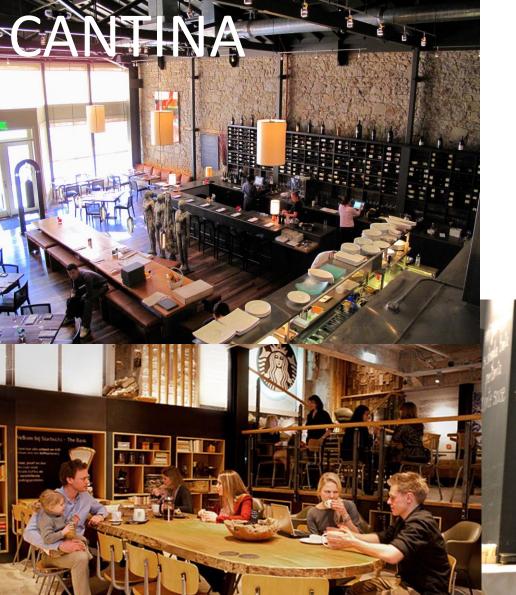
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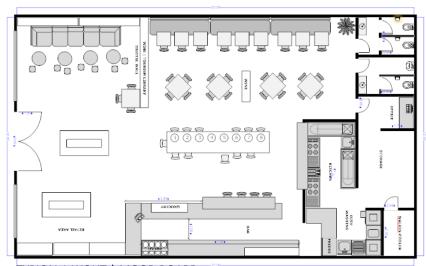
A visionary man behind award-winning olive oil. Come to see where he planted his first 30 olive trees as a teenager in the garden of the family house in Istna and taste delicious



Grožnjan, an abandoned

14th-century Venetian fortress. Full of History





TYPICAL LAYOUT | MOOD BOARD









MediterraMeo is building a marketplace of inviting destinations, innovative travel experiences, authentic food and gifts made by emerging entrepreneurs from Off-the-beaten-path destinations.

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artur@mediterrameo.com
+386 40 564 570

MediterraMeo N46E14, d.o.o. Kotnikova 34, SI-1000 Ljubljana